



COMMUNITY GUIDE

WINTER 2026

TOWN OF TORBAY TREE LIGHTING CEREMONY 2025
HOSTED AT TORBAY COMMON

TOWN FACILITIES



Torbay Common
8 Kinsmen Place
(709) 437- 6555



Torbay History House
2 Convent Lane
(709) 437 - 6532 ext. 270



Torbay Infrastructure and Public Works Depot
1 Pump House Road (Off Kevin Parsons Highway)
(709) 437 - 6532 ext. 286



Torbay Town Hall
1288 Torbay Road
(709) 437 - 6532



Upper Three Corner Pond Park
547 Bauline Line
(709) 437 - 6555



COMMUNITY PROGRAMS & EVENTS

Registration for Town programs and events will be open for Torbay residents on **Wednesday, December 17, 2025 at 10:00 a.m.** The general public will be able to register for our Town Programs and Events on **Wednesday, December 24, 2025 at 10:00 a.m.**

Some of our programs and events require pre-registration. The fastest and easiest way to secure a spot in our programs and events is through e-Services. Anyone who is unable to use e-Services can visit the front desk at the Torbay Common any day of the week between 8:30 a.m. and 8:30 p.m., or contact our staff by phone at (709) 437-6555 or email the event contact indicated under all of our programs and events.



SUNDAY INTERMEDIATE YOGA

Join yoga instructor Carly Broccolo for weekly Sunday sessions of intermediate yoga. Some knowledge of yoga is recommended. Participants must bring their own mat, block, and water bottle.

Duration: January 11 - March 29

When: Sundays from 3:30 p.m. - 4:30 p.m.

Where: Torbay Common Multipurpose Rooms

Ages: 18+

Fees: \$64.00 +HST (Pre-registration Required)

Contact: Alison Hollahan at ahollahan@torbay.ca

MOTHER GOOSE PARENT CHILD PROGRAM

The Parent / Child Mother Goose Program is a group experience for families with babies and young children. Together, parents and children experience the spark of delight and magic that comes from enjoying a favorite song or rhyme. Over time, participants learn a repertoire of rhymes, songs, and stories that allow for a strengthened connection and bond within families.

Parents gain skills and confidence that help them create positive family patterns during their children's crucial early years. At the same time, children benefit from enjoyable, healthy early experiences with language and communication. There is emphasis on nurturing the positive interaction between parent and child using touching, tickling, and cuddling.

Duration: January 5 - March 30

When: Mondays from 10:00 a.m. - 11:00 a.m.

Where: Torbay Common Multipurpose Room 1

Ages: Open to Ages 0 - 2

Fees: Free

Contact: nlpcmothergoose2@gmail.com

ZUMBA

Join Christa McGrath for a fun and entertaining choreographed dance workout program that'll be sure to keep you on your toes! Throughout the class, participants will be led through a number of low-high intensity dance moves that will be designed to increase your heart rate as well as boost cardio endurance.

Duration: January 5 - March 9

When: Mondays from 7:30 p.m. - 8:30 p.m.

Where: Torbay Common Multipurpose Rooms

Ages: Open to Ages 18+

Fees: \$10.00 +HST for Individual Session Passes (Limited number available for purchase), \$80.00 +HST for Full 10 Session Passes (Pre-registration Required)

Contact: Kellie Tapper at ktapper@torbay.ca

ACTIVE START

Getting an active start gives you the confidence and ability to engage in physical activity and maintain a healthy active lifestyle throughout life. This program is a self-led free play environment with access to soft-play and active equipment, the program will promote fun and physical activity.

Duration: January 5 - March 30

When: Mondays, Wednesdays, Fridays from 9:30 a.m. - 12:30 p.m.

Where: Torbay Common Gymnasium

Ages: Open to Ages 0 - 5

Fees: \$2.00 for Individual Session Passes per Child, or \$20.00 for 10 Session Passes (Available for purchase at Torbay Common)

Contact: Alison Hollahan at ahollahan@torbay.ca

DROP IN SPORTS

Take a break from hitting the books and stop by Torbay Common for an afternoon of sports. Each week the Torbay Common Gym will be open for youth grades 5-12 to stop by and participate in some friendly competition sports like basketball, soccer, dodgeball, and more!

Duration: January 5 - March 27 (Intramurals March 9 - 13)

When: Weekdays from 3:00 p.m. - 5:00 p.m.

Where: Torbay Common Gymnasium

Ages: Open to Anyone in Grades 5 - 12

Fees: Free

Contact: Kellie Tapper at ktapper@torbay.ca

PICKLEBALL COURT RENTALS

The Torbay Common will be taking pickleball court rentals through e-Services. Each rental will be for a total of 1 hour of court time and availability will be subject to change based off our building rentals, special events, etc. For available slots, please visit our event page.

Duration: January 5 - March 31

Where: Torbay Common Gymnasium

Ages: All Ages

Fees: \$15.00 +HST (Pre-registration Required)

Contact: Alison Hollahan at ahollahan@torbay.ca



WALKING TRACK

The Torbay Common Walking Track will be open to the public to stop by on Tuesdays and Thursdays from 12:30 p.m. - 2:30 p.m.

Duration: January 6 - March 31
When: Tuesdays & Thursdays from 12:30 p.m. - 2:30 p.m.
Where: Torbay Common Gymnasium
Ages: All Ages
Fees: Free
Contact: Alison Hollahan at ahollahan@torbay.ca

YOGAFIT

Join Carly from Newfound Lifestyle for a combination full body fitness class. Incorporating full body functional fitness, followed by restorative yoga to provide an invigorating and balanced experience.

Duration: January 6 - February 24
When: Tuesdays & Fridays from 9:30 a.m. - 10:30 a.m.
Where: Torbay Common Multipurpose Rooms
Ages: Open to Ages 18+
Fees: \$10.00 +HST for Individual Session Passes (Limited number available for purchase), 120.00 +HST for Full 15 Session Passes (Pre-registration Required)
Contact: Alison Hollahan at ahollahan@torbay.ca

ADULT PICK UP BASKETBALL

Whether you're looking to practice your shot or interested in some friendly competition, stop by the Torbay Common on Wednesday evenings for a game of pick up basketball. Nets will be set up and balls will be available for use.

Duration: January 7 - March 25 (No Session on March 11)
When: Wednesdays from 9:00 p.m. - 10:00 p.m.
Where: Torbay Common Gymnasium
Ages: Open to Ages 16+
Fees: \$1.74 +HST (Pre-registration Required)
Contact: Alison Hollahan at ahollahan@torbay.ca

SONL HEALTH & FUN DAY

Join us at the Torbay Common for a fun-filled day of trying out a variety of sports! With support from Special Olympics, you'll have the chance to learn and play bocce ball, ladder ball, disc golf, basketball, and soccer. Be sure to stop by the information booths hosted by Recreation NL and Eat Great & Participate while you're here!

When: January 24 from 10:00 a.m. - 12:30 p.m.
Where: Torbay Common Gymnasium and Multipurpose Rooms
Ages: Open to Ages 12+
Fees: Free
Contact: Alison Hollahan at ahollahan@torbay.ca

DROP-IN PICKLEBALL

A friendly, fun, and casual game of pickleball as a drop-in format. Pre-registration not required.

Duration: January 6 - March 26
When: Tuesdays & Thursdays from 10:30 a.m. - 12:30 p.m.
Where: Torbay Common Gymnasium
Ages: Open to Ages 18+
Fees: \$4.35 +HST (Pre-registration Required)
Contact: Kellie Tapper at ktapper@torbay.ca

GENTLE YOGA

Stay healthy, mobile, and connected by joining instructor Jane Bantleman for a gentle yoga class. Participants must bring their own mat, block, and water bottle.

Duration: January 7 - March 25
When: Wednesdays from 10:30 a.m. - 11:30 a.m.
Where: Torbay Common Multipurpose Rooms (Moved to Upper Three Corner Pond Park on January 28)
Ages: Open to Ages 18+
Fees: \$10.00 +HST for Individual Session Passes (Limited number available for purchase), \$96.00 +HST for Full 12 Session Passes (Pre-registration Required)
Contact: Alison Hollahan at ahollahan@torbay.ca

THURSDAY INTERMEDIATE YOGA

Join Pam Senior for a yoga class to help you stay healthy, mobile, and connected. Some knowledge of yoga is recommended.

Participants must bring their own mat, block, and water bottle.

Duration: January 8 - March 18
When: Thursdays from 7:00 p.m. - 8:00 p.m.
Where: Torbay Common Multipurpose Rooms (Moved to Upper Three Corner Pond on March 12)
Ages: Open to Ages 18+
Fees: \$80.00 +HST (Pre-registration Required)
Event Contact: Alison Hollahan at ahollahan@torbay.ca



RETIREMENT & RRSP LUNCH AND LEARN

Join Krista Hynes for a lunch and learn on “Confident Retirement: Maximizing Income, Minimizing Taxes, and Making the Most of Your RRSP”.

Are you approaching retirement or enjoying your first years of retirement and wondering how to make your money work for you? This session is designed specifically for individuals like you who want clarity, confidence, and control over your retirement income.

In this presentation, you will learn how to understand your retirement income streams – from government benefits and employer pensions to personal savings; how to use RRSP effectively – including the options for converting them into income and strategies for minimizing taxes; smart tax management strategies – so you can keep more of what you’ve earned and avoid surprises like the OAS clawback.

When: January 28 from 11:00 a.m. - 1:00 p.m.
Where: Torbay Common Multipurpose Rooms
Ages: Open to Ages 18+
Fees: Free (Pre-registration Required)
Contact: Kellie Tapper at ktapper@torbay.ca

FEMALE VOLLEYBALL OPEN HOUSE – NATIONAL GIRLS & WOMEN IN SPORTS DAY

The first week in February is a time to celebrate the contributions and successes of the many female athletes throughout the sporting community. We will be celebrating National Girls & Women in Sports Day by starting with guest speaker, Deputy Mayor Colleen Tapper, to talk about her experience in sport, and then begin the open house volleyball session where nets will be set up for practicing your serve, scrimmage games, and more. This session will be a “Role Model & Me” open to mothers, daughters, aunts, grandmothers, caregivers, family friends, etc. for age 8+.

When: February 4 from 6:00 p.m. - 7:30 p.m.
6:00 p.m. - 6:30 p.m. Guest Speaker
6:30 p.m. - 7:30 p.m. Open House
Where: Torbay Common Gymnasium and Multipurpose Room 3
Ages: Open to Ages 8+
Fees: Free (Pre-registration Required)
Contact: Kellie Tapper at ktapper@torbay.ca

AFTERNOON TOURNAMENT SERIES – CORNHOLE

Back by popular demand, join us for a random draw Cornhole Tournament as part of our monthly tournament series! Staff will be on site to explain and break down game rules. Each team will consist of two players chosen at random and will run as a double elimination tournament with prizes awarded to the top 2 teams. Each participant will receive tickets for a drink and snacks including tea, coffee, pop, chips, and cheezies. All skill levels are welcome!

When: January 30 from 1:00 p.m. - 3:00 p.m.
Where: Torbay Common Gymnasium
Ages: Open to Ages 18+
Fees: \$4.35 +HST (Pre-registration Required)
Contact: Kellie Tapper at ktapper@torbay.ca

SEAHAWKS VOLLEYBALL GAME - NATIONAL GIRLS & WOMEN IN SPORTS DAY

Join Team Rec for a continuation of the celebration of National Girls and Women in Sports Day by cheering on the MUN Seahawks Women’s Volleyball team! Come show your support as we recognize the impact of girls and women in sports and shine a spotlight on the dedication, teamwork, and strength of the athletes.

When: February 6 from 6:00 p.m. - 9:00 p.m.
Where: MUN Fieldhouse
Ages: All Ages (Children under the age of 18 must be accompanied by a responsible adult)
Fees: \$4.35 +HST (Pre-registration Required)
Contact: Kellie Tapper at ktapper@torbay.ca

VALENTINE’S DAY PARTY

Happy Valentine’s Day! We will be celebrating with an afternoon of entertainment provided by Overpass, along with chocolate covered strawberries, sweets, tea, and coffee.

When: February 12 from 1:00 p.m. - 3:00 p.m.
Where: Torbay Common Multipurpose Rooms
Ages: Open to Ages 18+
Fees: Free (Pre-registration Required)
Contact: Kellie Tapper at ktapper@torbay.ca





Registration for History House Programs and Events can be done through e-Services, by phone at (709) 437-6532 ext.270, or in person at Torbay History House during business hours (Monday - Saturday from 9:00am-4:00pm)

EXHIBITS

OF CORN AND CODFISH: A RECIPE FOR DISASTER IN THE 1840s - THE INDIAN MEAL LINE PROJECT

The Torbay History House is proud to present the research of our former summer student, Hannah, on how the Indian Meal Line in Torbay got its name!

<https://ofcornandcodfish.wixsite.com/home>

Duration: Open until January 31

When: Tuesdays from 6:30 p.m. - 7:30 p.m.

Where: Torbay History House First Floor

THE SCHOOL OF COD

The St. John's Guild of Embroiderers Members of the Guild were challenged to stitch an image of a cod fish in an embroidery technique of their choice. Working from the same drawing, members signed up for a specific technique. The show also displays various works by guild members stitched using the methods illustrated in the cod.

Duration: January 10 to February 14

Where: Torbay History House Second Floor Art Gallery

Opening Reception: January 10, 1:00 p.m. - 3:00 p.m.

WORKSHOPS & DEMONSTRATIONS

STORYTELLING WITH GARY GREEN

Learning the craft of storytelling is more involved than you may think, so this workshop will introduce you to the craft and teach you skills for memorization, comfort with speaking in front of a crowd, and creating the story.

Duration: February 27 & 28

When: February 27, 9:00 a.m. - 4:00 p.m. (Lunch will be included on Saturday), February 28, 1:00 p.m. - 4:00 p.m.

Where: Torbay History House

Ages: Open to Ages 16+

Fees: \$100.00 +HST for the series (Pre-registration Required)

Contact: Donna Norvey at dnorvey@torbay.ca

SPINNING DEMONSTRATION

Angora Borealis owner/creator Beth Howley will be here to speak about the art of spinning, beginning techniques, and provide a demonstration of her craft.

Duration: To Be Determined, Update to be Provided at Later Date Online

Where: Torbay History House

Ages: All Ages

Fees: Free

Contact: Donna Norvey at dnorvey@torbay.ca

WRITER'S WORKSHOP - A THREE - PART SERIES

This workshop will be aimed at participants who have a project in mind but have not completed it yet. Open to writers in all disciplines—whether fiction, nonfiction, poetry, theatre, or anything in between—the goal of this three-session workshop is to look at tools and methods that can spur your writing on and help you to complete and refine a writing project.

Instructor: Karin Murray-Berquist

Duration: January 24, February 7, and February 21

When: 1:00 p.m. - 3:00 p.m.

Where: Torbay History House Community Room

Ages: Open to Ages 16+

Fees: \$45.00 +HST (Pre-registration Required)

Contact: Donna Norvey at dnorvey@torbay.ca



TIN WHISTLE LESSONS

Tin whistle lessons from Terri Lyn — these 10 weekly lessons will introduce you to the art of playing the tin whistle. You will need to provide your own whistle in the key of D. Long & McQuade and Reid Music have them. Instructor: Terri Lyn Hickey

Duration: January 5 to March 9

When: Mondays, 8:00 p.m. - 9:00 p.m.

Where: Torbay History House

Ages: Open to Ages 16+

Fees: \$120.00 +HST for 10 weeks. TFAC members receive a 25% discount but have to contact HH Staff to Receive Discount. (Pre-registration Required)

Contact: Donna Norvey at dnorvey@torbay.ca

CREATIVE MINDS TUESDAY GROUP

Creative Minds is the History House's STEAM-based art program for children in Kindergarten through Grade 8. Each week, we will explore a new medium, technique, or craft, encouraging children to learn, build, and create with confidence. This is the perfect program for children who love arts and crafts!

This winter session will run for twelve weeks on Tuesday evenings.

Duration: January 13 to March 31

When: Tuesdays from 6:30 p.m. - 7:30 p.m.

Where: Torbay History House

Ages: Open to Anyone in Kindergarten - Grade 3

Fees: By Donation (Pre-registration Required)

Contact: Katelyn Banks at kbanks@torbay.ca or Hannah Cooper at hcooper@torbay.ca

ART APPRECIATION

This workshop series for adults (50+) is a hands-on exploration of the visual arts. Each week, participants will enjoy a guided workshop in an artistic discipline such as acrylic or watercolour painting, printmaking, drawing, pastel, collage, and more! Join us for a cup of coffee or tea and nurture your creativity!

Duration: January 21 - April 30

When: Wednesdays, 2:00 p.m. - 3:30 p.m.

Where: Torbay History House

Ages: Open to Ages 50+

Fees: Free

Contact: Katelyn Banks at kbanks@torbay.ca or Hannah Cooper at hcooper@torbay.ca

TORBAY KNITWITS

A group of people who like to knit together, bounce ideas off each other, and welcome anyone who would like to bring their own project or learn more about knitting. Instructor: Marie Codner

Duration: January 12 - April 30

When: Mondays from 6:30 p.m. - 8:00 p.m.

Where: Torbay History House Community Room

Ages: Open to Ages 16+

Fees: Free

Contact: Donna Norvey at dnorvey@torbay.ca

CREATIVE MINDS WEDNESDAY GROUP

Creative Minds is the History House's STEAM-based art program for children in Kindergarten through Grade 8. Each week, we will explore a new medium, technique, or craft, encouraging children to learn, build, and create with confidence. This is the perfect program for children who love arts and crafts!

This winter session will run for twelve weeks on Wednesday evenings.

Duration: January 14 to April 1

When: Wednesdays from 6:30 p.m. - 7:30 p.m.

Where: Torbay History House

Ages: Open to Anyone in Grades 4 - 8

Fees: By Donation (Pre-registration Required)

Contact: Katelyn Banks at kbanks@torbay.ca or Hannah Cooper at hcooper@torbay.ca



DISCOVER YOUR FAMILY HISTORY

Whether you're just starting or you've been doing this for years, our Family History series has something for everyone. Join each week as we explore the world of genealogy—each week will dive into something new. Plus, we'll even explore new trends like using DNA or AI in your genealogical research. Come for one class or join us for all! Each session is designed to be welcoming, informative, and fun—whether you're building a tree from scratch or adding new branches.

For a complete list of topics and more information, visit Torbay eServices or email us at museum@torbay.ca. We can't wait to see what you discover!

Instructor: JoAnn Murphy

Duration: January 15 to April 30

When: Thursdays, 1:00 p.m. - 3:00 p.m.

Where: Torbay History House

Ages: All Ages

Fees: \$5.00 +HST (Pre-registration Required)

OPEN STUDIO WITH

HEATHER COUGHLAN

This workshop series for adults (16+) is a space to explore new mediums, be creative, and work alongside other creators. Each week, Heather will lead participants through project-based workshops in a variety of mediums to encourage experimentation with new techniques and processes. Beginners and advanced painters are welcome to enjoy learning and creating art, and to be inspired to pick it up on their own.

You do not need to sign up for the series; you can pay per class and pay at the door, too. Please get in touch with museum@torbay.ca or call (709) 437-6532 ext. 270 if you have any questions.

Duration: January 15 - April 30

When: Thursdays from 7:00 p.m. - 8:30 p.m.

Where: Torbay History House Community Room

Ages: Open to Ages 16+

Fees: \$15.00 +HST (Pre-registration Required)

Contact: Donna Norvey at dnorvey@torbay.ca

CONTINUOUS INITIATIVES

TORBAY HISTORY HOUSE VOLUNTEERS

Torbay History House is inviting you to become a volunteer!

We have many different needs and as a volunteer your skills may be a great fit with what we are seeking. In addition to our traditional and historical programs offered to elementary students, we also need people who like to work behind the scenes. Database input, cataloging artifacts, organizing files and photos are tasks that can be performed more independently once you have been trained.

ORAL HISTORY PROJECT

We want to know your story. We are open to anything and everything you would like to share. We can come to your house, or you can come to our house, and we will record your memories. If you would like to volunteer to help with this project, we welcome you and will provide any training needed. Please contact Torbay History House at museum@torbay.ca, or 709-437-6532 ext.270 to set up a time and place.

PHOTOGRAPH DONATIONS

Torbay History House is seeking donations of old photographs you may have of Torbay and the surrounding areas. We do not have that many photographs of old buildings, annual events that no longer happen, or places in Torbay and would welcome any that you would like to share.





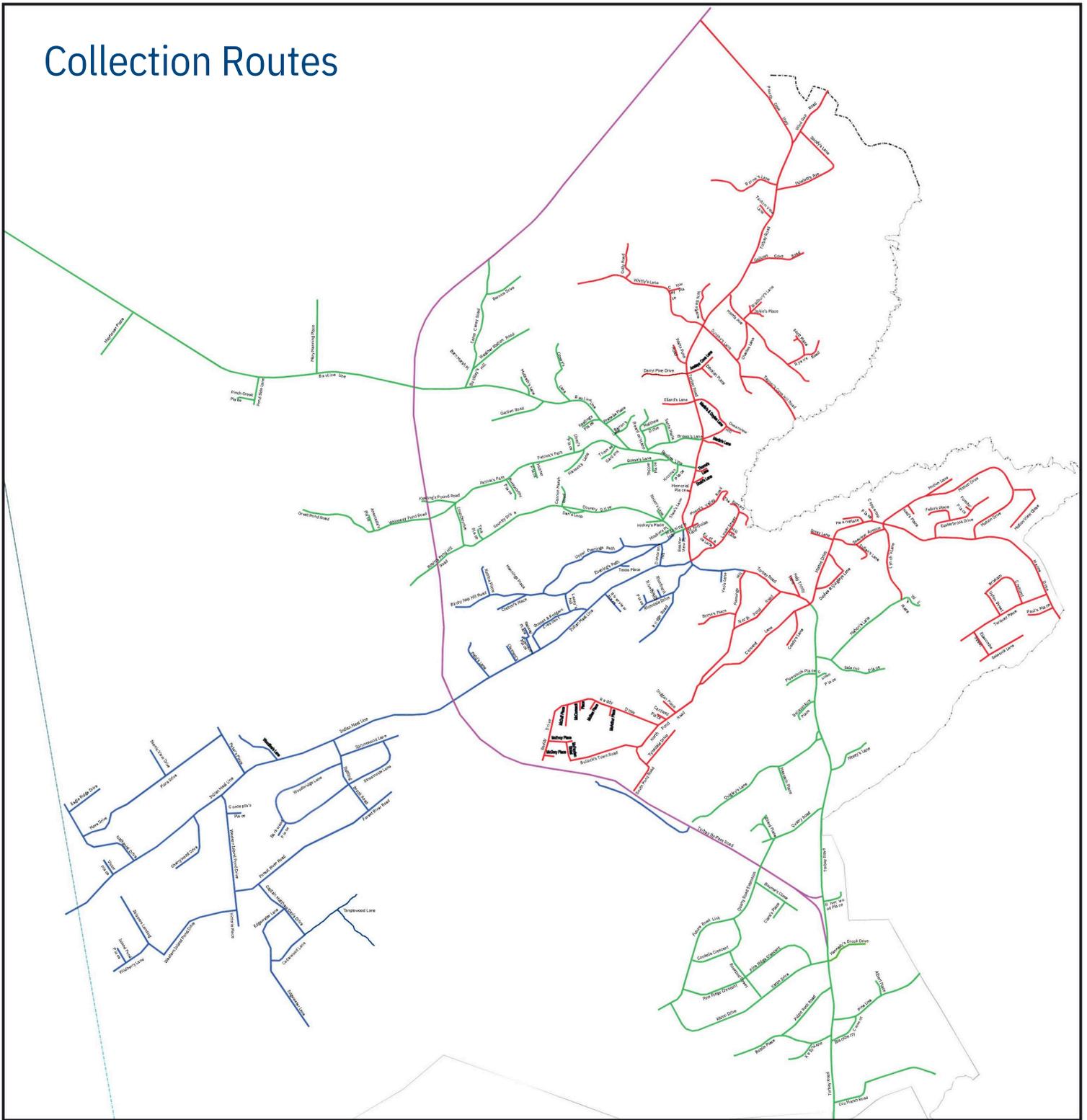
2026 Waste Management Collection Schedule

ROUTE 1: TUESDAY
 ROUTE 2: WEDNESDAY
 ROUTE 3: THURSDAY

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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MAY							JUNE							JULY							AUGUST						
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31																					30	31					
SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
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20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
27	28	29	30				25	26	27	28	29	30	31	29	30						27	28	29	30	31		

- NEW YEARS EVE 2025** - Collection will take place January 2
- NEW YEARS DAY 2026** - Collection will take place January 5
- CANADA DAY** - Collection will take place July 2, Thursday Collection will take place July 3
- REMEMBRANCE DAY** - Collection will take place November 12, Thursday Collection will take place November 13
- CHRISTMAS WEEK** - Collection will take place December 21, 22, & 23
- NEW YEARS WEEK 2027** - Collection will take place December 28, 29, & 30

Collection Routes



NOTE: On the day of collection, all garbage must be out at the curb by 7:00 a.m.

NOTE: Garbage must be covered by a garbage net or sheet or placed in a garbage box/receptacle.

NOTE: Garbage is collected every week (**maximum of 5 bags**).

NOTE: Recycling is collected every second week (**noted by recycling symbol on schedule**).

NOTE: Any changes to this schedule will be posted on the Town's website and social media.

For additional information please visit torbay.ca/roads-waste-water/garbage-recycling/



beautiful
Torbay